

ADC PRE-PROFESSIONAL PROGRAM

/ Frequently Asked Questions

How do I apply to audition for the ADC Pre-Professional Program?

Applications will open through the ADC website in May 2025.

Application to include:

- Your details (name, date of birth, email and postal address)
- 1 x short video of you dancing (demonstrate technical abilities and dynamic range – maximum of 3 minutes)
- 1 x headshot – photograph of your head and shoulders
- 1 x full body photograph of you dancing

Please note: Video and photos do not need to be professional quality but must be clear. You must be easy to identify as the dancer of focus if the video submitted also features other dancers. If successful, you will be invited to audition in person at ADC Studio in September 2025.

When is the audition?

Auditions will be held early September 2025 in Meanjin/Brisbane, Queensland. If your application is successful, you will be invited to audition. If you are unable to attend in person, a video audition may be possible, upon request to ADC. Requirements on what needs to be included in a video audition will be advised upon approval of the request. Outcomes will be announced in October 2025.

Am I able to submit a video application if I am unable to attend the in-person audition?

If you are invited to audition and you are unable to attend the in-person audition, you can request to submit a video audition. Please note, we will provide more information on what needs to be included in the video content, this will not need to be professionally edited, but should be clearly visible footage of you dancing.

How old do I need to be?

18-25 years. If you fall outside this age bracket, please email training@australasiantdancecollective.com.

Am I eligible to apply?

Individuals must be able to demonstrate an intermediate level of contemporary dance. You must be an Australian Citizen or hold a relevant visa to reside in Australia. ADC cannot arrange or support student visas.

What is the qualification?

ADC's Pre-Professional Program offers a nationally recognised training qualification through a specialised curriculum tailored to provide dancers with essential tools for a sustainable career in dance. PPP students will undertake CUA60120 Advanced Diploma of Professional Dance (Elite Performance). This qualification is delivered in partnership with Australian Teachers of Dance (ATOD) RTO 31624.

How long does the course go for?

The course is designed to be completed in one year of full-time study. The terms follow Queensland state school term dates.

Can I study part-time?

ADC's Pre-Professional Program has been designed to be undertaken through full-time study over one year. To get the most out of this course we strongly encourage full-time study. If you have concerns or would like to discuss this, please email training@australasiantdancecollective.com.

What can I expect from the Program?

ADC's PPP specialises in contemporary dance and reflects the company's ethos and approach with a focus on collaboration, choreographic process and practice, digital literacy, and excellence in performance.

The course features secondment and performance opportunities with each year culminating in a performance attended by industry representatives, providing exposure and positioning graduates for the best employment outcomes possible.

As a PPP student, you will be connected to the ADC professional company, with opportunities to experience and learn directly from working dance artists. The program operates alongside the professional company with regular opportunities to attend company class, engage with the artistic team and collaborating artists, and shadow dancers in company rehearsals. As such the average daily hours are 9.30am – 5.30pm with a structured program to provide a balance of physical training, conceptual understanding, and practical skills. The schedule will include additional evenings and weekends for performances, rehearsals and events.

What performance opportunities are there?

Performance outcomes are embedded in the program. Performances may take place in formal and informal settings both on and off-site. There will also be opportunities to understudy the ADC Company for mainstage productions.

What does a standard day look like?

ADC PPP student hours are 9.30am – 5.30pm, Monday – Friday, following the Queensland state school term dates. Additional hours during evenings and weekends will be required at times and timetables are subject to change.

An average day will include conditioning classes such as yoga, pilates or strength training, technique classes in contemporary, ballet or improvisation, followed by rehearsal or a range of workshops in choreography, repertoire and industry-relevant theory subjects.

Are there other costs associated with the course?

There will be some additional expenses that will be outlined in full in the student handbook. These will include:

- Theatre tickets, to broaden your understanding of and engagement with the wider dance sector.
- Travel for off-site events and performances.
- Dancewear, knee pads, sneakers and ballet shoes.

If you require more information, please email training@australasiantdancecollective.com.