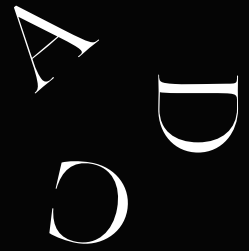


# ADC Youth Intensive

19–23 January, 2026  
ADC Studio 2



## MONDAY 19 JAN

**9.00–9.30** / Registrations & Introduction with Amy Hollingsworth & the Collective  
**9.30–10.45** / Gaga with Courtney Scheu  
**10.45–11.00** / Morning Tea  
**11.00–12.15** / Floor technique with Lonii Garnons-Williams  
**12.15–1.00** / Lunch  
**1.00–2.30** / *Relic* repertoire with Lilly King  
**2.30–3.00** / Cool down & reflection with Courtney Scheu

## WEDNESDAY 21 JAN

**9.30–10.45** / Contemporary with Lonii Garnons-Williams  
**10.45–11.00** / Morning Tea  
**11.00–12.15** / Choreography with Courtney Scheu  
**12.15–1.00** / Lunch  
**1.00–2.30** / *Relic* repertoire with Lilly King  
**2.30–3.00** / Cool down & reflection with Courtney Scheu

## FRIDAY 23 JAN

**9.30–10.45** / Ballet with Jack Lister  
**10.45–11.00** / Morning Tea  
**11.00–12.15** / Choreography with Courtney Scheu  
**12.15–1.00** / Lunch  
**1.00–2.00** / Showing preparation  
**2.00–3.00** / Showing

## TUESDAY 20 JAN

**9.30–10.45** / Countertechnique with Sam Hall  
**10.45–11.00** / Morning Tea  
**11.00–12.15** / Workshop with Jake McLarnon  
**12.15–1.00** / Lunch  
**1.00–2.30** / *Glass Teeth* repertoire with Taiga Kita-Leong  
**2.30–3.00** / Cool down & reflection with Amy Hollingsworth

## THURSDAY 22 JAN

**9.30–10.45** / Countertechnique with Sam Hall  
**10.45–11.00** / Morning Tea  
**11.00–12.15** / Gaga with Courtney Scheu  
**12.15–1.00** / Lunch  
**1.00–2.30** / *Glass Teeth* repertoire with Taiga Kita-Leong  
**2.30–3.00** / Cool down & reflection with Amy Hollingsworth & Lonii Garnons-Williams

Please note: this schedule is correct at the time of publishing. Australasian Dance Collective reserves the right to make amendments to the published program.